7.9 Trait Theories of Personality  
O. Compare and contrast trait theories of personality with other theories of personality

**Trait Theory of Personality**

Big Five Personality Traits (OCEAN)

|  |  |
| --- | --- |
| Trait | Definition and Example |
| Openness |  |
| Conscientiousness |  |
| Extroversion |  |
| Agreeableness |  |
| Neuroticism |  |

Factor Analysis

Eysenck and Eysenck

Allport

MBTI

MMPI